


Carlyle House Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are subject to change Locations of all activities: GR 200- Game room B4-400 Bistro AC-Activity Center-300 RR- Resident Room</p>	<p>1 World Compliment Day 9:45 Exercise I – 200 10:45 Exercise II – 200 2:00 Let’s Create- “Pot of Gold” 3:15 Coffee and Chat</p>	<p>2 Nat’l Banana Cream Pie Day 9:45 Exercise I – 200 10:45 Get moving -200 2:00 BINGO- 400 7:00 Ch. 5 Movie “Anne of Green Gables”-AP</p>	<p>3 National Anthem Day 9:45 Men’s Weights-200 10:45 Exercise - 200 11:15 Indoor Walks-200 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Salon -200</p>	<p>4 Nat’l Grammar Day 9:45 Exercise I - 200 10:45 Chair Yoga-200 2:00 Word Challenge “Fill in the blanks” 3:15 Indoor Walks -200</p>	<p>5 World Day of Prayer 9:45 Exercise I -200 10:45 Exercise II - 200 2:30 Happy Hour -300 7:00 Ch.5 Movie: “Breakfast at Tiffany’s” -AP</p>	<p>6 Nat’l Oreos Cookie Day 9:45 Exercise I - 200 11:00 Indoor Walks 2:15 Exercise-200 7:00 Lawrence Welk –TV</p>
<p>7 Nat’l Cereal Day 10:00 Spiritual Hour -200 11:00 Indoor Walks-100 2:00 Ice Cream Sundae 7:00 Ch. 5 Movie “Elmer Gantry”-DVD</p>	<p>8 Name Sake Day 9:45 Exercise I – 200 10:30 Exercise II - 200 2:00 Rainbow Craft-200 3:15 Indoor Walks</p>	<p>9 Nat’l Unique Name Day 9:45 Exercise I - 200 10:45 Get moving -200 2:00 BINGO - 400 7:00 Ch.5 Movie “Leap Year”-AP</p>	<p>10 Sterile Packaging Day 9:45 Men’s Weights-200 10:45 Exercise - 200 11:15 Indoor Walks 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Salon -200</p>	<p>11 World Kidney Health Day 9:45 Exercise I - 200 10:45 Chair Yoga-200 2:00 Word Challenge- 200 3:15 Indoor Walks -I</p>	<p>12 Nat’l Girl Scout Day 9:45 Exercise I -200 10:45 Exercise II - 200 2:30 Happy Hour -300 7:00 Ch.5 Movie: “The Surprise”-AP</p>	<p>13 Nat’l Open an Umbrella Indoors Day 9:45 Exercise I - 200 11:00 D.R Trivia 2:15 Exercise-200 7:00 Lawrence Welk –TV</p>
<p>14 Daylight Savings Time Begins 10:00 Spiritual Hour -200 11:00 Indoor Walks-100 2:00 Exercise-200 7:00 Ch. 5 Movie “Patrick” (N)</p>	<p>15 True Confessions Day 9:45 Exercise I – 200 10:45 Exercise II - 200 2:00 St. Patrick’s Day Craft-200 3:15 Coffee and Chat-200</p>	<p>16 National Panda Day 9:45 Exercise I - 200 10:45 Get moving -200 2:00 Bingo-200 7:00 Ch. 5 Movie: “Crazy Hearts”-DVD</p>	<p>17 ST. PATRICK’S DAY WEAR GREEN!! 9:45 Men’s Weights-200 10:45 Exercise -200 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Salon -200</p>	<p>18 Nat’l Sloppy Joe’s Day 9:45 Exercise I - 200 10:45 Chair Yoga-200 2:00 Word Challenge- 200 3:15 Indoor Walks -I</p>	<p>19 Nat’l Carmel & Chocolate Day 9:45 Exercise I -200 10:45 Exercise II – 200 2:00 Men’s Lunch-Pub 2:30 Happy Hour- 300 “March Birthday Party” 7:00 Ch.5 Movie “No Reservations “(YT)</p>	<p>20 Spring Begins  9:45 Exercise I - 200 11:00 Indoor Walks 2:15 Exercise-200 7:00 Lawrence Welk –TV</p>
<p>21 World Poetry Day 10:00 Spiritual Hour -200 11:00 Indoor Walks-200 2:00 Movie w/ ICE-CREAM 7:00 Ch. 5 Movie “The Truman Show”-AP</p>	<p>22 Nat’l Goof Off Day 9:45 Exercise I – 200 10:45 Exercise II – 200 2:00 Let’s Make a Collage-200 3:15 Coffee and Reminisce</p>	<p>23 National Puppy Day 9:45 Exercise I - 200 10:45 Get moving -200 2:00 BINGO- 400 7:00 Ch. 5 Movie Benji (N)</p>	<p>24 Education & Sharing Day 9:45 Men’s Weights-200 10:45 Exercise - 200 11:15 Indoor Walks 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Salon -200</p>	<p>25 Int’l Day of Remembrance 9:45 Exercise I - 200 10:45 Chair Yoga-200 2:00 Word Challenge- 200 3:15 Indoor Walks -100</p>	<p>26 Live Long & Prosper Day 9:45 Exercise I -200 10:45 Exercise II - 200 2:30 Happy Hour- 300 7:00 Ch.5 Movie: “Star Trek; The Motion Picture” AP</p>	<p>27 Nat’l Joe Day 9:45 Exercise I - 200 11:00 D.R Trivia-400 2:15 Exercise-200 7:00 Lawrence Welk –TV</p>
<p>28 Palm Sunday 10:00 Spiritual Hour -200 11:00 Indoor Walks-200 2:00 Exercise-200 7:00 Ch. 5 Movie “It’s Kind of a Funny Story” AP</p>	<p>29 World Piano Day 9:45 Exercise I – 200 10:30 Exercise II - 200 2:00 Spring Craft-200 3:15 Clean up</p>	<p>30 Pencil Day 9:45 Exercise I - 200 10:45 Get moving -200 2:00 BINGO- 400 7:00 Ch. 5 Movie “Julie and Julia”-N</p>	<p>31 Manatee Appreciation Day 9:45 Men’s Weights-200 10:45 Exercise - 200 11:15 Indoor Walks 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Salon -200</p>	<h1>March 2021</h1>		