







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>OCTOBER 2020</h1> <h2>Carlyle House Assisted Living</h2>				1 Decorating for Halloween 10:00 Exercise 2:00 Movie Marathon 	2 9:30 Exercise I -200 10:30 Exercise II - 200 2:30 Happy Hour-400 Campfire S'mores 7:00 Ch.5 Movie Night Hocus Pocus	3 9:30 Exercise I - 200 10:30 Exercise II - 200 2:15 Bowling! 7:00 Lawrence Welk –TV
4 10:00 Bible Study – 200 11:00 Outside Walks-WP 2:30 Trivia - Down on the Farm Meatballs 7:00 Ch. 5 Movie Frankenstein	5 9:30 Exercise I – 200 10:30 Exercise II - 200 2:00 “Let’s Get Crafty” 3:30 Let’s take a Stroll	6 9:30 Exercise I - 200 10:30 Let’s get moving -200 2:00  - 200 3:30 Patio Visits 7:00 Ch. 5 Movie The Nightmare before Christmas	7 9:30 Men’s Weights-200 10:30 Exercise - 200 11:15 Walking Path 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Salon -200	8 9:30 Exercise I - 200 10:30 Chair Yoga-200 11:15 Walking Path –WP 2:00 Word Challenge- 200 3:15 Outside Walks -WP	9 9:30 Exercise I -200 10:30 Let’s get moving! - 200 2:30 Happy Hour-400 Tie Dye Friday 7:00 Ch.5 Movie Night Young Frankenstein	10 9:30 Exercise I - 200 10:30 Exercise II - 200 2:15 Target Golf 7:00 Lawrence Welk –TV
11 10:00 Bible Study – 200 11:00 Outside Walks-WP 2:30 “Fun Facts w/ Deviled Eggs” 7:00 Ch. 5 Movie Practical Magic	12 9:30 Exercise I – 200 10:30 Exercise II - 200 2:00 Scarecrow Craft 3:30 Patio Walk - O	13 9:30 Exercise I - 200 10:30 Let’s get moving -200 2:00  - 200 3:30 Patio Visits 7:00 Ch. 5 Movie Abbott & Costello Meet Frankenstein	14 9:30 Men’s Weights-200 10:30 Exercise II - 200 11:15 Walking Path 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Care -200	15 I love Lucy Day 9:30 Exercise I - 200 10:30 Chair Yoga-200 11:15 Walking Path -WP 2:00 I love Lucy Movie-200 3:15 Outside Walks -WP	16 9:30 Exercise I -200 10:30 Let’s get moving - 200 2:30 Happy Hour-400 “Oktober Fest” 7:00 Ch.5 Movie Night The Wolfman	17 9:30 Exercise I - 200 10:30 Exercise II - 200 2:15 Trivia - 200 7:00 Lawrence Welk –TV
18 10:00 Bible Study – 200 11:00 Outside Walks-WP 2:30 Drumsticks 7:00 Ch. 5 Movie Casper	19 9:30 Exercise I – 200 10:30 Exercise II - 200 2:00 Halloween Craft-200 3:30 Patio Walk - O	20 9:30 Exercise I - 200 10:30 Let’s get moving -200 2:00  - 200 3:30 Patio Visits 7:00 Ch. 5 Movie Ghost Busters	21 9:30 Men’s Weights-200 10:30 Exercise -200 11:15 Walking Path -WP 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Care -200	22 9:30 Exercise I - 200 10:30 Chair Yoga-200 11:15 Walking Path -WP 2:00 Word Challenge 3:15 Outside Walks -WP 	23 Wear it Pink 9:30 Exercise I -200 10:30 Let’s get moving - 200 2:30 Happy Hour-400 October Birthdays 7:00 Ch.5 Movie Night Coraline	24 9:30 Exercise I - 200 10:30 Exercise II - 200 2:15 Bowling 7:00 Lawrence Welk –TV
25 10:00 Bible Study – 200 11:00 Outside Walks-WP 2:30 Halloween Tradition “Creamsicle Soda” 7:00 Ch. 5 Movie Edward Scissorhands	26 9:30 Exercise I – 200 10:30 Exercise II - 200 2:00 “Pumpkin Painting” 3:30 Patio Walk - O	27 9:30 Exercise I - 200 10:30 Let’s get moving -200 2-4 pm Bingo Marathon-200 7:00 Ch. 5 Movie	28 9:30 Men’s Weights-200 10:30 Exercise-200 11:15 News Paper Read-WP 2:00 Catholic Mass -Ch.5 2:00-4:00 Nail Care -200	29 9:30 Exercise I - 200 10:30 Chair Yoga-200 11:15 Walking Path -WP 2:00 Movie Afternoon- 200 3:15 Outside Walks -WP	30 9:30 Exercise I -200 10:30 Let’s get moving- 200 2:30 Happy Hour-400 “Halloween Party” 7:00 Ch.5 Movie Night	31 HAPPY Halloween 9:30 Exercise I - 200 10:30 Exercise II - 200 2:15 Halloween Trivia - 200 7:00 Lawrence Welk – TV